## Winter Menu

## Week 1

### **Monday**

Lunch-Macaroni Cheese, peas and sweetcorn

#### Semolina

Tea- Sardine pizza muffin and fruit slices

Apple and Cinnamon Cake

# <u>Tuesday</u>

Lunch-Lamb hotpot, broccoli and cauliflower

### Honey and Yoghurt

Tea- Cheese and crackers, wholemeal bread, cucumber and carrot batons



Hungarian chocolate biscuit

### Wednesday

Lunch - Sausage pasta bake and mixed vegetables

Fruit crumble and custard

Tea-Beans on toast and fruit slices

Shortbread biscuits

### **Thursday**

Lunch-Fish pie and peas

Winter rhubarb sponge cake

**Tea-** Wholemeal ham rolls, melon and pepper slices

Fromage frais

### **Friday**



**Lunch-** Beef Bolognaise and carrots

Banana and blueberry loaf



**Tea-**Brazilian Cheese bread, cucumber and pineapple slices

Fruit cookie

# Winter Menu

# Week 3

#### Monday



Lunch-Cheese, basil and tomato pasta with garlic bread and seasonal vegetables

#### Banana and custard

**Tea-** Marmite Sandwiches, fruit and vegetable slices **Jam and coconut sponge cake** 

### Tuesday

Lunch- Mild Mexican chick pea and bean chilli with cheese wedges

Warm pineapple upside down cake

**Tea-** Homemade soup with crusty buttered baguette, cucumber and carrot batons

Homemade chocolate chip cookies

# Wednesday

Lunch- Creamy leek and chicken hotpot with broccoli

Strawberry yoghurt

Tea-Cheese muffins with melon and peach slices

Courgette cake



### **Thursday**

Lunch-Hungarian Goulash and mixed vegetables

Fruit crumble and custard

**Tea-**Cheese selection, crackers, breadsticks, pineapple and olives

Flapjack

### **Friday**

Lunch- Breaded cod fish fingers, mashed potato and baked beans

### Cherry sponge



**Tea-** Brazilian Cheese bread, cucumber and pineapple slices

Fromage Frais

## Winter Menu

## Week 2

### **Monday**

Lunch-Tuna Pasta bake and mixed vegetables

Lemon curd sponge and custard

**Tea-** Beans on toast, pineapple and cucumber

Lemon shortbread biscuit



### **Tuesday**

Lunch- Brazilian beef stroganoff with rice and peas

Fruit crumble and custard

**Tea-** Wholemeal sandwich selection, pepper slices and olives



# Hungarian Biscuit

### Wednesday

Lunch - Breaded cod, homemade chips and mushy peas

### Fromage Frais

**Tea-**Crusty soft cheese baguette with apple and pineapple slices

Iced sponge cake

### **Thursday**

Lunch-Roast chicken, roast potatoes and sliced carrot

# Eve's Pudding

**Tea-**Homemade cheese and pineapple pizza cucumber and carrot sticks

Homemade biscuits

# <u>Friday</u>

Lunch- Cheese and potato pie and baked beans

Homemade rice pudding

**Tea-**Buttered crumpets, fruit and vegetable platter

Banana loaf