

Winter Menu

Week 3

Monday

Lunch- *Chicken sausage pasta bake in tomato sauce served with peas & sweetcorn*

Jan's peach sponge served with warm custard

Tea- *Jan's wholemeal pizza bagels with fresh tomato slices*

Fromage Frais

Tuesday



Lunch- *American burgers in savoury gravy with vegetables*

Fruit slices

Tea- *Fishfinger hotdog with fruit slices*

Jan's marble cookie

Wednesday

Lunch- *Jan's roast chicken with roast potatoes, mashed swede and carrots*

Jan's apple crumble served with warm custard



Tea- *Pan con tomato - Spanish style bread*

Jan's melting moment biscuit

Thursday

Lunch- *Beef hot pot with broccoli*

Natural yoghurt with honey

Tea- *Jan's homemade vegetable soup with oat & barley bread and pepper slices*

Jan's lemon shortbread

Friday

Lunch- *Cheesy Bolognese pasta bake with hidden vegetables*

Fresh fruit & custard

Tea- *Ham rolls served with a fresh fruit selection*

Jan's cupcakes



Winter Menu

Week 1

Monday

Lunch- *Macaroni Cheese with butternut squash*

Fruit yoghurt

Tea- *Chilli beans with wholemeal bread, cucumber and carrot batons*

Jan's sprinkle sponge cake

Tuesday

Lunch- *Jan's savoury lamb mince with roast potatoes, cabbage and leek*

Jan's rhubarb crumble served with custard

Tea- *Wholemeal ham rolls with pineapple and melon slices*



American chocolate chip cookie

Wednesday

Lunch- *Breaded cod with homemade chips and peas*

Fruit slices



Tea- *Jan's homemade vegetable soup with crusty bread and fruit slices*

Jan's homemade Scottish shortbread



Thursday

Lunch- *Jan's pasta in a tomato & garlic sauce with crème fraiche served with broccoli*

Jan's apple and cinnamon sponge cake served with custard

Tea- *Cheese selection served with oat & barley bread, breadsticks, olives & pineapple*

Fromage frais

Friday

Lunch- *Vegetable fingers, creamy mashed potato & baked beans*

Fresh fruit slices

Tea- *Buttered crumpets with cucumber and pepper slices*

Jan's beetroot and chocolate brownie



Winter Menu

Week 2

Monday

Lunch- *Jan's vegetable pasta bolognaise*

Banana slices served with custard

Tea- *Cheese and cracker selection served with pineapple and carrot sticks*

Jan's jam & coconut sponge cake

Tuesday

Lunch- *Fruity chicken curry with hidden vegetables, served with brown rice*

Fresh fruit slices

Tea- *Warm toasted teacakes with apple and cucumber slices*

Jan's iced sponge cake

Wednesday

Lunch- *Jan's fish pie served with fresh carrots*

Jan's pear crumble served with warm custard

Tea-Langos - Hungarian cheese & garlic flatbreads with olives & pineapple



Fresh fruit slices

Thursday

Lunch- *Jan's beef cottage pie served with broccoli florets*

Szarlotka - polish apple cake

Tea- *Warm buttered crumpets served with fruit slices*



Fromage frais

Friday

Lunch- *Jan's sweet potato & cheese pie served with vegetables*

Jan's fruit crumble served with warm custard

Tea- *Baked beans with wholemeal bread, served with vegetable sticks*



Greek yoghurt with honey

